

## My Upper Endoscopy Prep Calendar

Patient name:

Physician:

Procedure Date:



If you use our patient portal to check **upcoming appointments** please **disregard** this information for your procedure is in our endoscopy suite.

Please hold your Aspirin for \_\_\_\_ days prior.



Confirm with the person who is providing you a ride home. You must have a ride home as you will be receiving sedation **(NO TAXIS, Lyft, or Uber by yourself)**. Please inform your escort that the visit will take 2 ½ -3 hours.



If you are unable to make your appointment please call, 603-580-7892. **Core Gastroenterology requires 72 hours notice for cancellations**

Only clear liquids allowed: apple juice, white grape juice, ginger ale, clear broth/bouillon, water, coffee/tea without milk, clear carbonated beverages, Jello-O, popsicles.

Please **take** your morning medications with a sip of water at least two hours prior to your procedure time.

**Stop** drinking all liquids 3 hours before you are due to arrive at the hospital.

**No chewing gum or hard candy 3 hours prior to arrival.**

## **Helpful Tips**

- If you are taking blood thinners, such as Coumadin, you will receive additional instructions guided by your prescribing physician.
- You will need to contact the doctor who prescribes your diabetic medications for pre procedure instructions.
- The endoscopy suite will call you 10 business days prior to your procedure date to inform you of your arrival time. If you don't confirm your arrival time within 48 hours of receiving it, you will be rescheduled. Questions may be directed to (603)-580-7892.
- If you wear contacts, you will be asked to remove them prior to the procedure.
- You will be asked to remove jewelry before your procedure and you should consider leaving valuables at home.
- Please check with your insurance carrier regarding their coverage of this procedure, a pre-authorization may be required.